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# V0162 a new long-acting bronchodilator for treatment of chronic obstructive lung diseases: preclinical and clinical results

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## Abstract

**Background:** Long acting bronchodilators are the standard of care in the management of chronic obstructive pulmonary disease (COPD). The aim of this study was to investigate the efficacy and safety of V0162, a novel anticholinergic agent with bronchodilator properties, in preclinical models and in patients with COPD.

**Methods:** Guinea pigs were used to evaluate the impact of V0162 on the acetylcholine or histamine-induced bronchoconstriction. V0162 was also investigated in an allergic asthma model on ovalbumin-sensitized guinea pig. For clinical investigations, healthy volunteers were included in a dose-escalation, randomized, placebo-controlled phase I study to determine the maximal tolerated dose, followed by a randomized, placebo-controlled, cross-over phase II study in patients with COPD. V0162 was given via inhalation route. The objectives of the phase I/II study were to assess the safety and efficacy of V0162, in terms of bronchodilation and reduction in hyperinflation.

**Results:** Preclinical results showed that V0162 was able to prevent bronchoconstriction induced either by acetylcholine or histamine. V0162 reversed the bronchoconstriction and airway inflammation caused by ovalbumin challenge in sensitized guinea pigs. In the healthy volunteers study, 88 subjects were enrolled: 66 received V0162 and 22 received placebo. No particular safety concerns were raised. The maximal tolerated dose was not reached and the dose escalation was stopped at 2400 µg. A total of 20 patients with COPD were then enrolled. All patients received a single-dose of V0162 1600 µg and of placebo in two alternating periods. In COPD patients, V0162 demonstrated a significant increase in FEV<sub>1</sub> compared with placebo (148 ± 137 ml vs. 36 ± 151 ml,  $p = 0.003$ ). This bronchodilatory effect was corroborated by a reduction in hyperinflation. There was a trend toward dyspnea relief (change in visual analog scale at 22 h, -15.1 ± 26.0 mm vs. -5.3 ± 28.8 mm with placebo,  $p = 0.054$ ). No serious adverse events (AEs) were reported. Most common AEs were productive and non-productive cough, dyspnea and pruritus.

**Conclusions:** V0162 improved pulmonary function and tended to improve dyspnea in patients with COPD over more than 24 h. The slight plasmatic exposure observed might support the good safety profile.

**Trial registration:** ClinicalTrials.gov identifier: NCT01348555

**Keywords:** V0162, Chronic obstructive pulmonary disease, Allergic asthma, Bronchodilation, Long action, Anti-inflammatory properties, Phase I/II clinical study

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## Background

Chronic obstructive pulmonary disease (COPD) is a progressive debilitating condition and a leading cause of morbidity and mortality [1]. This common preventable and treatable disease is characterized by a persistent air-flow limitation that is usually progressive and associated with an enhanced chronic inflammatory response in the airways and the lung to noxious particles or gases. Symptoms include dyspnea, chronic cough and sputum production. Exacerbations and comorbidities contribute to the overall severity in individual patients [2].

Inhaled bronchodilators are the cornerstone of symptomatic management of COPD [2]. According to the Global Initiative for Chronic Obstructive Lung Disease (GOLD), long-acting  $\beta_2$ -agonists and anticholinergics are preferred over short-acting formulations in patients with persistent dyspnea [2]. Currently most available inhaled long-acting bronchodilators provide between 12- and 24-h duration of action. Of these, tiotropium was the first available long-acting anticholinergic agent providing 24 h of bronchodilation [3–7]. Tiotropium is associated with sustained reduction in lung hyperinflation and significant improvement in exertional dyspnea [7].

In the large UPLIFT study (Understanding Potential Long-Term Impacts on Function with Tiotropium), treatment with tiotropium over 4 years was associated with improvement in lung function and quality of life, and with reduced mortality, particularly cardiovascular mortality [8–10]. Tiotropium was also associated with a decreased risk of exacerbations and related hospitalizations [9]. However, tiotropium did not significantly reduce the global rate of decline in FEV<sub>1</sub>, but tended to prevent the decline in post-bronchodilator FEV<sub>1</sub> in patients with GOLD stage II COPD [10]. A recent meta-analysis also suggested that when compared with ipratropium bromide, tiotropium was associated with improved lung function and quality of life, and fewer COPD-related exacerbations and associated hospitalizations [11].

Novel long-acting muscarinic receptor antagonists (LAMAs) are currently in clinical development for the treatment of COPD or asthma, and some were recently approved and brought to the market for the treatment of COPD (e.g. glycopyrronium, aclidinium) [12]. Glycopyrronium and aclidinium are expected to produce similar improvement in lung function, dyspnea, quality of life and exacerbation compared to tiotropium [13–15].

V0162 inhalation powder is a new anticholinergic compound derived from mequitazine, an existing oral racemic antihistamine commercialized for over 30 years. The molecular formula for V0162 is 10-[(3R)-1-azabicyclo[2.2.2]oct-3-ylmethyl]-10H-phenothiazine and its molecular weight is 322 g/mol. V0162 is the dextrorotatory enantiomer of mequitazine. Mequitazine is an antihistaminic with one of the highest affinity for muscarinic

receptors in the nanomolar range [16, 17]. V0162 is developed under a pharmaceutical formulation different than that of the parent compound and at a lower dose for inhalation. In *in vitro* metabolism studies, a marked difference was observed between the levorotatory and the dextrorotatory enantiomers, assuming that these latter involve different metabolic pathways. V0162 is currently under investigation mainly for the treatment of COPD.

The present paper reports results from preclinical experiments and clinical phase I/II study assessing the efficacy and safety of V0162. The aim of this study was to assess (i) the bronchodilatory and anti-inflammatory properties of V0162 in preclinical models, (ii) its safety in healthy volunteers and, (iii) and its effect on pulmonary function and dyspnea in COPD patients with hyperinflation.

## Methods

### Preclinical experiments

#### Ethical aspects

Animals were handled and cared in accordance with the European Directive 86/609, and the protocols were carried out in compliance with French regulations and with local Ethical Committee guidelines for animal research (CEA-CEPC N°110).

#### Animal model for acetylcholine- and histamine-induced bronchoconstriction

Male Guinea pigs, weighing 400–450 g and divided into groups of 7–9 animals, were anaesthetized with 60 mg/kg of pentobarbital sodium. Four fifths (4/5th) were administered intraperitoneally (i.p) and the remaining fifth subcutaneously. The jugular vein and trachea were cannulated; to suppress spontaneous respiratory movements, animals were paralyzed with intravenous administration of gallamine triethiodide (10  $\mu$ g/kg; 1 mL/kg). The bronchopulmonary function was measured according to Konzett & Rossler's modified method [18]. Briefly, the animals were ventilated by means of a sinusoidal pump (Ugo Basile) at constant pressure and with a constant volume in excess (5 mL) and a frequency of 90 strokes/min. The excess of air that did not ventilate the lung was measured by a transducer. An intravenous administration of acetylcholine or histamine induced a bronchoconstriction that was measured by the increase of recorded air volume in excess; the recorded 'so-called' residual volume (mL) corresponded to the difference between the air pump (5 mL) and the air inspired by the animal. Ventilatory parameters were recorded continuously for 75 min (IOX2, EMKA Technologies, Paris).

Bronchoconstriction was induced by intravenous (i.v.) acetylcholine (20  $\mu$ g/kg) or histamine (7  $\mu$ g/kg), prior to a single intratracheal administration of the study drug (V0162), tiotropium (Spiriva®, Boehringer Ingelheim) or

vehicle. Intratracheal administrations were performed using the Dry Powder Insufflator Model DP-4 (Penn-Century Inc). Successive i.v. injections of acetylcholine or histamine were performed 5, 10 and 15 min before the intratracheal administrations (to obtain basal values) and 5, 15, 30 and 60 min after the intratracheal administrations of either V0162 or tiotropium. The experiment was not extended beyond 60 min since both the effects of V0162 and tiotropium reached a plateau, as previously shown for tiotropium [19].

### Ovalbumin-induced bronchoconstriction and lung inflammation in Guinea pigs

Ovalbumin-sensitized guinea pigs represent a relevant animal model to assess the effect of V0162 on both bronchoconstriction and inflammation [20]. Male Guinea pigs (250–300 g, 11–16 animals per group) were sensitized by bilateral i.p. injections of ovalbumin (100 µg) and aluminum hydroxide (100 mg) in 1 ml of physiological serum on Day 1, followed by a booster injection on Day 5 [20]. On Day 15, an ovalbumin challenge was carried out with a nebulized solution of ovalbumin (200 µg in 1 ml of physiological serum). Single intratracheal administrations of V0162 (50 µg), tiotropium (3 µg), budesonide (800 µg, Pulmicort®, Astrazeneca,) or vehicle were performed 15 min before the ovalbumin challenge, under a slight isoflurane anesthesia. Ventilatory parameters were measured before and one hour post-challenge, using whole body plethysmography (Emka, Technologies, Paris). The “enhanced pause” (PenH) AUC value, which represents the index of bronchopulmonary resistance, was calculated using the following formula (peak expiratory flow / peak inspiratory flow) x pause. Although we assume that the use of PenH to assess pulmonary function has been challenged, it is actually one of the classical parameter used in many publications [21]. The whole body plethysmography does not allow for residual volume measurement as performed in the Konzett and Rossler experiments on ventilated anesthetized animals.

Bronchoalveolar lavages (BAL) were performed after euthanasia 24 h post-challenge. A tracheotomy was performed and saline was gently infused into the lung; after recovery, samples were centrifuged and pellets suspended in 1 ml of saline. Total number of leukocytes was counted with ADVIA 2120i Hematology System (Siemens Diagnostics).

### Phase I/II study

This phase I/II combined study consisted of dose escalation study assessing the safety in healthy volunteers, followed by a proof-of-concept study assessing the efficacy and safety of V0162 in COPD patients (ClinicalTrials.gov identifier: NCT01348555).

### Subjects

Eligible subjects for the healthy volunteers study were males aged between 18 and 50 years, with a body mass index (BMI) ranging from 18 to 30 kg/m<sup>2</sup>.

Eligible patients for the COPD study were men or postmenopausal women aged between 40 and 75 years, BMI between 18 and 35 kg/m<sup>2</sup>, having a post-bronchodilator forced expiratory volume in 1 s (FEV<sub>1</sub>) ≥30 % and <80 % predicted, a post-bronchodilator FEV<sub>1</sub>/forced vital capacity (FVC) <70 %, with a smoking history of ≥10 pack-year and lung hyperinflation defined as a functional residual capacity (FRC) greater than 120 %.

Subjects with past or current history of asthma, or other significant respiratory conditions, or who had experienced an exacerbation within the last 6 weeks, were excluded from the study. Subjects with abnormal vital signs, or abnormal laboratory findings, or clinically relevant ECG abnormalities, or cardiovascular conditions prior to screening were also excluded from the study.

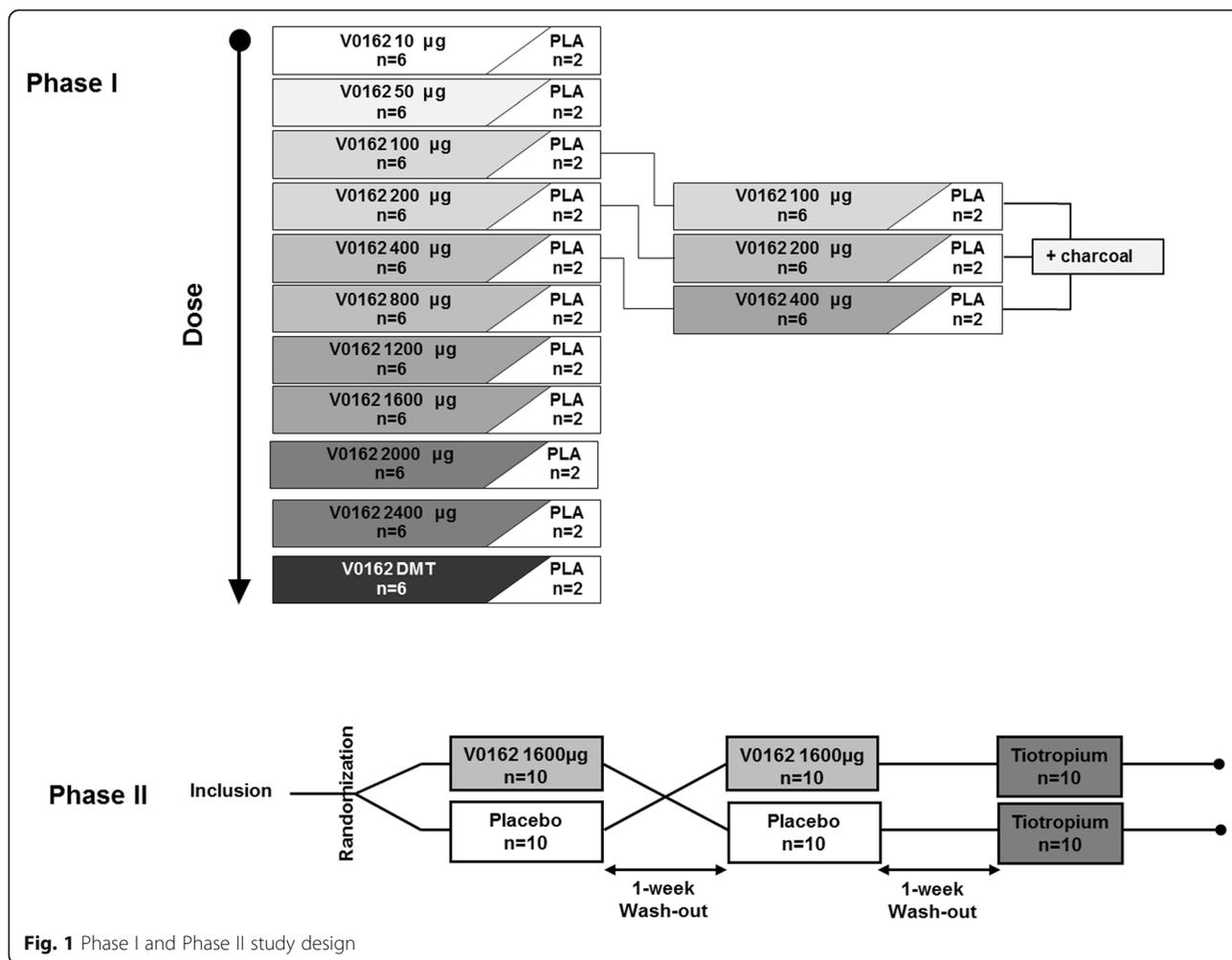
All subjects provided written informed consent prior to study participation. The study was conducted in France and Belgium. The protocol was approved in France by the “Comité de Protection des Personnes Ile de France VI Pitié Salpêtrière” (Approval n° 3–11) and the French National Agency for Medicine and Health Products Safety (Approval n° A110118-77), and in Belgium by the Institutional Review Board ZNA/OCMW of Antwerp (EC Approval n° 3945) and the Federal Agency for Medicines and Health Products (Approval n° 380756).

### Study design

The healthy volunteers study was randomized, placebo-controlled, double blind with escalating-dose design. At each dose level, subjects were randomly assigned 3:1 to receive either a single-dose of V0162 (*n* = 6) or placebo (*n* = 2) (Fig. 1).

Additionally, study drug (V0162 or placebo) was co-administered with activated charcoal (Toxicarb®, SERB) to prevent the digestive absorption, as presented in Fig. 1.

The COPD study was randomized, placebo-controlled, double-blind, double-dummy cross-over study consisting of three periods. All patients were given both a single-dose of V0162 1600 µg and placebo in two alternating periods of time during the study (Fig. 1). The study drug was packed into hard capsules for use in dry powder inhalers (DPIs). In a third single-blind period, all patients received tiotropium (Spiriva® 18 µg delivered via HandiHaler®, Boehringer Ingelheim), the mainstay of COPD treatment. At this stage of development, it was decided to use a very easy-to-handle device, “the RS01 monodose” (Plastiaple, Spa.). This DPI is a low resistance device reaching a pressure drop of 4 kPa at 100 L/min. Nevertheless, its performance when used to deliver V0162 could be optimized in the future, given that the fine particle dose (FPD) is



around 15 % of the nominal dose. It might be compared with other marketed DPIs providing a FPD up to 45 % of the nominal dose [22]. Obviously, DPI performance should be improved in the next clinical development stages of V0162.

**Assessments**

Pulmonary function tests (PFT) were performed at inclusion, over the first 12 h following treatment administration in healthy volunteers and over the first 32 h after treatment administration in COPD patients, and at the end-of-study visit. PFT consisted of spirometry (MasterScope®, Jaeger) in healthy volunteers and plethysmography (MasterScope Body®, Jaeger in France and BodyBox®, MediSoft in Belgium) in COPD patients, performed according to the American Thoracic Society/European Respiratory Society (ERS/ATS) guidelines. Along with PFT, dyspnea was evaluated by the patient using a 20 cm bidirectional visual analog scale (VAS) ranged from “-10 to +10”, with -10 for “Improvement in dyspnea”, 0 for “No dyspnea” and +10 “Intolerable dyspnea”. Blood sampling was performed to

assess the pharmacokinetics (PK) of V0162 in healthy volunteers and in COPD patients.

In both studies, general safety parameters included AEs, vital signs, physical examination, clinical laboratory safety tests and electrocardiograms (12-lead ECG). In addition, 24-h holter (ECG) were performed in healthy volunteers.

**End points**

In the healthy volunteers study, the primary objective was to assess the safety of V0162. Secondary end-points included PK parameters ( $C_{max}$ ,  $t_{max}$ ,  $AUC_{0-t}$ ,  $AUC_{0-\infty}$ ) and changes in FEV<sub>1</sub>.

In the COPD study, the primary objective was to evaluate the bronchodilator effect of V0162. The primary end-point was the change in the time-normalized area under the curve of FEV<sub>1</sub> over the period from 30 min to 9 h post-dose ( $AUC_{30min/9 h}$ ) between V0162 and placebo. Time-normalized AUCs (expressed in mL) were calculated as AUC over a given period of time (expressed in mL\*h) divided by the duration of the period (expressed in h). Other end-points were FEV<sub>1</sub>  $AUC_{30min/9 h}$  of

tiotropium, trough FEV<sub>1</sub>, forced vital capacity (FVC), functional residual capacity (FRC), dyspnea and safety. Trough FEV<sub>1</sub> was defined as the lowest value observed between 30 min and 32 h. Dyspnea was evaluated using the net incremental area under the curve (nIAUC), which represents the AUC below the baseline value.

#### Statistical analysis and sample size calculation

In preclinical experiments evaluating induced-bronchoconstriction, a mixed model with treatment, as fixed factor and time as repeated measure, was performed. Time x treatment interactions were tested also. Baseline values were used as covariates (MIXED procedure in SAS R9.3). For the plethysmograph analyses, a one-way ANOVA followed by a Dunn's test was performed.

The healthy volunteers study was an exploratory dose-escalation study; it was therefore conducted in a convenient population sample without prior sample size calculation.

For the COPD study, 20 patients were required to detect a mean difference of 150 mL in FEV<sub>1</sub> AUC<sub>30min/9h</sub> between V0162 and placebo (SD 200 mL; within-subject correlation coefficient 0.75) with 88 % of power at a two-sided significance level of 0.05.

Descriptive statistics, including mean  $\pm$  standard error (SE) and changes from baseline were provided. In the healthy volunteers study, statistical analysis was performed on FEV<sub>1</sub> change from baseline. In the COPD study, the FEV<sub>1</sub> AUC<sub>30min/9h</sub> was compared between V0162 and placebo in a mixed linear model for cross-over designs, as proposed by Kenward and Roger [23]. The adjusted means (LS mean) for treatment groups were provided with their 95 % CI. Given the study design, there were no comparisons planned between tiotropium and study drugs (V0162 or placebo).

## Results

### V0162 effects on acetylcholine- and histamine-induced bronchoconstriction in Guinea pigs

A Guinea pig model of bronchoconstriction induced by acetylcholine or histamine was used to assess the anti-bronchoconstrictor effect of V0162. In untreated Guinea pigs, residual volume (RV) was generally between 1.4 and 2.0 ml (data not shown). During acetylcholine- and histamine-induced bronchoconstriction, the increase in the RV (up to 3.8–4 mL) was prevented and even a dose-dependent decrease of RV was obtained after the single intratracheal administration of V0162 (Fig. 2a, b). The maximal effect was reached at 15 min with 25  $\mu$ g of V0162 after acetylcholine-induced bronchoconstriction (a 53 % significant decrease from baseline,  $p < 0.05$ ), and with 50  $\mu$ g of V0162 in histamine-induced bronchoconstriction (46 % significant decrease from baseline,  $p < 0.05$ ). The bronchodilator effect of V0162 was maintained

up to 60 min. Tiotropium (3  $\mu$ g) exhibited anti-bronchoconstrictor properties, slightly larger than V0162 facing the acetylcholine challenge, but of lower magnitude than V0162 during the histamine challenge (Fig. 2). At 60 min, the mean inhibition of the acetylcholine-induced bronchoconstriction was 14 %, 37 % and 26 % for V0162 5  $\mu$ g, 25  $\mu$ g and 50  $\mu$ g respectively, and 50 % for tiotropium 3  $\mu$ g, compared with vehicle (lactose). The mean inhibition of the histamine-induced bronchoconstriction was 13 %, 18 % and 24 % by V0162 5  $\mu$ g, 25  $\mu$ g and 50  $\mu$ g, respectively, and 12 % by tiotropium 3  $\mu$ g, compared with vehicle.

### V0162 effects in ovalbumin-induced bronchoconstriction in Guinea pig

A single intratracheal administration of V0162 in sensitized animals decreases significantly the ovalbumin-induced bronchoconstriction compared with vehicle (Fig. 2-c). The PenH AUC was reduced by 68 %, almost half an hour after a single intratracheal administration of V0162 at 50  $\mu$ g, and a comparable effect was obtained with tiotropium (a decrease of 53 % in PenH AUC). Budesonide did not reduce significantly the intensity and the duration of the bronchoconstriction.

Twenty four hours post-challenge, vehicle-treated Guinea pigs showed a massive leukocyte infiltration (18 985  $\pm$  1 368/ mm<sup>3</sup> in BAL fluid). This inflammatory response was partially prevented by V0162 (50  $\mu$ g), tiotropium (3  $\mu$ g) and budesonide (800  $\mu$ g) in a similar manner (Fig. 2-d). A reduction of 27 %, 30 % and 27 % was observed in total leukocytes with V0162, tiotropium and budesonide, respectively.

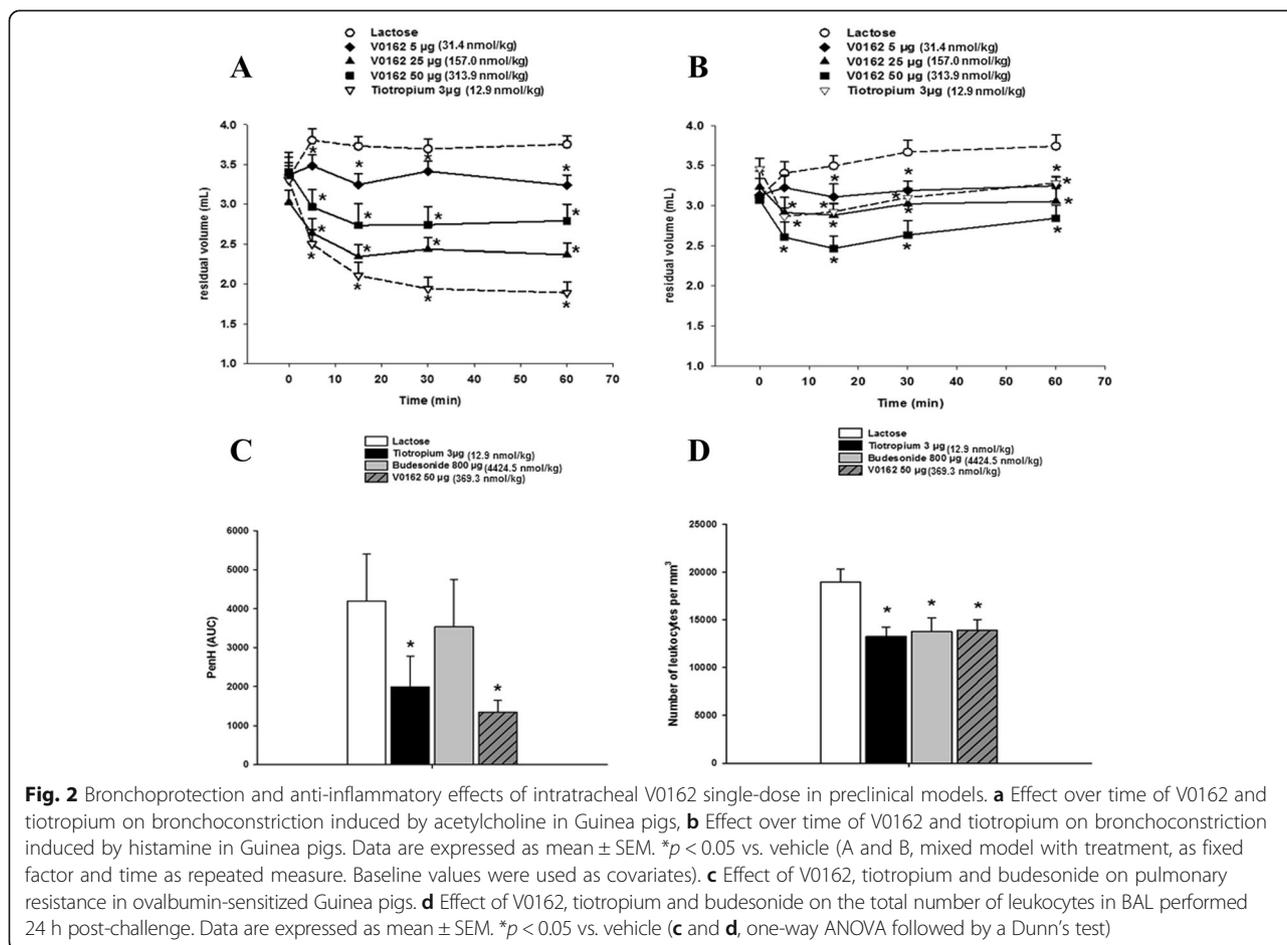
### Enrollment and patient disposition

In the healthy volunteers study, 153 male subjects were screened and 88 were randomized (Fig. 1). No significant differences were found in baseline characteristics between dose cohorts. In the COPD study, 37 patients were screened and 20 were randomized (Fig. 1). Subjects' characteristics are presented in Table 1. There was no premature withdrawal throughout all the study.

### Safety

In both studies, there were no serious AEs reported.

In the healthy volunteers study, the maximal tolerated dose (MTD) was not reached. Taking into account the large number of inhalations, the dose escalation was stopped at 2400 g (12 capsules/24 inhalations) which was considered as the MAD with the current study drug formulation (200  $\mu$ g per capsule). Thirteen AEs were reported in 9 healthy volunteers (Table 2). Of these, 9 events were considered as related to the study drug in 7 subjects.



**Table 1** Demographics and baseline characteristics

	Healthy volunteers <i>n</i> = 88	COPD patients <i>n</i> = 20
Male	88	12
Age, years	31.3 $\pm$ 8.8	60.4 $\pm$ 5.5
BMI, kg/m <sup>2</sup>	24.4 $\pm$ 2.9	24.5 $\pm$ 4.4
Time since diagnosis, years	NA	5.9 $\pm$ 4.4 (0.1–15.8)
Never smokers	75	-
Former smokers	13	20
Tobacco consumption, pack-years	NA	47.5 $\pm$ 25.1
FEV1, L	4.15 $\pm$ 0.53	1.23 $\pm$ 0.53
FEV1 (% predicted)	97.71 $\pm$ 10.28	43.40 $\pm$ 15.16
FVC, L	5.05 $\pm$ 0.66	2.76 $\pm$ 0.83
FVC (% predicted)	118.95 $\pm$ 13.76	98.03 $\pm$ 20.66
FEV1/FVC, %	82.43 $\pm$ 5.52	43.84 $\pm$ 10.41
FRC (% predicted)	-	180.28 $\pm$ 44.10
RV (% predicted)	-	220.71 $\pm$ 62.15
RV/TLC (% predicted)	-	164.86 $\pm$ 22.15

Results are presented by mean  $\pm$  SD (min-max) or number of patients (n)  
NA not applicable

In the COPD study, 93 AEs were reported in 17 patients: 42 experienced with V0162, 28 with placebo and 23 with tiotropium (Table 2). Twenty-six AEs were related to the treatment in 9 COPD patients.

Most frequent AEs reported with V0162 were cough (10/20 in patients with COPD and 3/66 in health volunteers), dyspnea (7/20), productive cough (6/20) and pruritus (3/20 and 1/66). All these experienced AEs were mild to moderate in severity; none had led to study drug discontinuation.

In both healthy volunteers and COPD patients, no relevant changes from baseline were observed in physical examination, vital signs, body weight, 12-lead ECG parameters or in laboratory parameters. Although some COPD patients presented abnormalities on QTcF regardless of the study product, the only one clinically significant abnormality was already present at baseline, and consequently was not related to the study drug. V0162 did not led to cardiac abnormalities in healthy volunteers, nor in COPD patients. As shown below in PK results, the C<sub>max</sub> was very low (2 ng/mL), and the compound was quickly eliminated regardless of the dose, thus preventing systemic anticholinergic side effects.

**Table 2** Treatment-emergent AEs in healthy volunteers and COPD patients

Adverse event	COPD patients						Healthy volunteers			
	Placebo (n = 20)		V0162 (n = 20)		Tiotropium (n = 20)		Placebo (n = 22)		V0162 (n = 66)	
	Event n	Patients n (%)	Event n	Patients n (%)	Event n	Patients n (%)	Event n	Patients n (%)	Event n	Patients n (%)
Total	28	8 (40)	42	16 (80)	23	12 (60)	6	4 (18)	7	5 (8)
Cough	7	4 (20)	14	10 (50)	7	6 (30)	1	1 (4.5)	3	3 <sup>a</sup> (4.5)
Dyspnea	5	4 (20)	8	7 (35)	6	4 (20)	-	-	-	-
Productive Cough	7	4 (20)	6	6 (30)	4	4 (20)	-	-	-	-
Headache	3	3 (15)	3	3 (15)	3	3 (15)	3 <sup>b</sup>	3 (13.6)	-	-
Throat Irritation	1	1 (5)	3	3 (15)	1	1 (5)	1	1 (4.5)	-	-
Wheezing	1	1 (5)	2	1 (5)	1	1 (5)	-	-	-	-
Pruritus	-	-	3	3 (15)	-	-	-	-	1	1 <sup>c</sup> (1.5)
Abdominal pain	1	1 (5)	-	-	-	-	-	-	1	1 <sup>c</sup> (1.5)
Angina Pectoris	-	-	-	-	1	1 (5)	-	-	-	-
Dizziness	1	1 (5)	-	-	-	-	-	-	-	-
Erysipelas	1	1 (5)	-	-	-	-	-	-	-	-
Erythema	1	1 (5)	-	-	-	-	-	-	-	-
Fatigue	-	-	1	1 (5)	-	-	-	-	-	-
Diarrhea	-	-	1	1 (5)	-	-	-	-	-	-
Dry Mouth	-	-	1	1 (5)	-	-	-	-	-	-
Nausea	-	-	-	-	-	-	1	1 (4.5)	1	1 <sup>d</sup> (1.5)
Epistaxis	-	-	-	-	-	-	-	-	1	1 <sup>e</sup> (1.5)

A patient with multiple AEs is counted only once

<sup>a</sup>2 subjects at 1200 µg and 1 at 2400 µg

<sup>b</sup>1 subject had received placebo + charcoal

<sup>c</sup>at 1200 µg

<sup>d</sup>at 2000 µg

<sup>e</sup>at 800 µg

### Pharmacodynamics

In healthy volunteers study, there was no significant change in FEV<sub>1</sub> between V0162 and placebo. However, an increase in FEV<sub>1</sub> was observed with V0162 1200 µg compared with placebo (0.84 L, 95 % CI [-15; 183]); the difference not reaching the statistical significance ( $p = 0.094$ ).

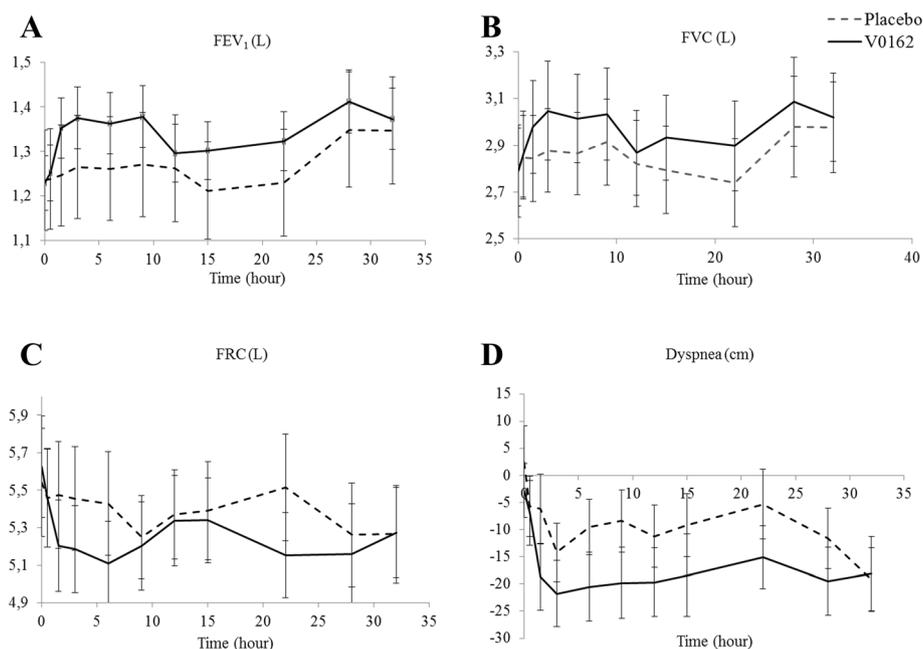
In the COPD study, V0162 improved significantly the FEV<sub>1</sub> AUC<sub>30min/9 h</sub> of  $0.10 \pm 0.03$  L (95%CI: 0.04–0.16), compared with placebo. This was also the peak effect observed at 9 h. V0162 exhibited a long-lasting bronchodilator effect maintained up to 32 h after inhalation (Fig. 3-a). FEV<sub>1</sub> AUC<sub>30min/22h</sub>, FEV<sub>1</sub> AUC<sub>30min/28h</sub> and FEV<sub>1</sub> AUC<sub>30min/32h</sub> changes from placebo were of  $0.09 \pm 0.03$  L,  $0.08 \pm 0.03$  L and  $0.09 \pm 0.03$  L, respectively (Table 3). The difference in trough FEV<sub>1</sub> between V0162 and placebo was  $0.08 \pm 0.03$  L,  $p = 0.016$ .

A similar pattern was observed for FVC and FRC. The mean values for FVC and FRC over time are presented in Fig. 3b, c, respectively. Compared with placebo, V0162 had statistically significant improved FVC AUC<sub>30min/9 h</sub>, FVC AUC<sub>30min/22 h</sub> and FVC AUC<sub>30min/32 h</sub> (Table 3).

The V0162 effect on FRC AUC<sub>30min/9 h</sub> and AUC<sub>30min/22 h</sub> showed a significant decrease of 0.262 L ( $p < 0.001$ ) and 0.177 L ( $p = 0.006$ ) compared with placebo, respectively (Table 3). No significant reduction in VR was observed with V0162.

V0162 tended to reduce dyspnea ratings as compared with placebo, without reaching statistical significance: the decrease in nIAUC<sub>30min/9 h</sub> and nIAUC<sub>30min/22 h</sub> was of  $-7.15 \pm 3.9$  mm ( $p = 0.084$ ) and  $-7.7 \pm 3.75$  mm ( $p = 0.054$ , respectively (Table 3 & Fig. 3-e)).

Tiotropium showed a pronounced bronchodilator effect in patients with COPD: LS mean of FEV<sub>1</sub> AUC<sub>30min/9 h</sub> was  $1.50 \pm 0.12$  L. At trough, tiotropium FEV<sub>1</sub> was 1.32 L. This benefit was maintained up to 32 h: FEV<sub>1</sub> AUC<sub>30min/22 h</sub>, FEV<sub>1</sub> AUC<sub>30min/28 h</sub> and FEV<sub>1</sub> AUC<sub>30min/32 h</sub> were 1.47 L, 1.46 L and 1.7 L, respectively. FVC AUC<sub>30min/9 h</sub> and AUC<sub>30min/22 h</sub> were 3.28 L and 3.21 L, respectively. Like V0162, tiotropium tended to reduce dyspnea as compared with placebo, without reaching a statistical significance: nIAUC<sub>30min/9 h</sub> and nIAUC<sub>30min/22 h</sub> were  $-16.2 \pm 5.2$  mm (NS) and  $-16.2 \pm 5.8$  mm (NS), respectively.



**Fig. 3** a Mean values and standard error (SE) of FEV<sub>1</sub>, b mean values and SE of FVC, c mean values and SE of FRC, d change from baseline of dyspnea (VAS mm) over time (from 0 to 32 h) and SE, in placebo- and V0162-treated COPD patients. (V0162 1600 µg, n = 20)

### Pharmacokinetics

PK parameters are summarized in Table 4. Following a single-dose of V0162 administered by oral inhalation in healthy volunteers, the maximum plasma level ( $C_{max}$ ) was reached between 0.08 and 0.10 h post-dose, followed by a rapid decrease (Fig. 4). Second increase in plasma levels was observed between 0.75 h and 8 h post-dose. This later increase was not observed when digestive absorption was blocked with activated charcoal. A long elimination phase was observed, with mean  $t_{1/2}$  varying between 17.4 h and 36.9 h post-dose. The AUCs ratio of V0162 + charcoal/V0162 alone suggested that digestive absorption contribute to 42–48 % of the overall V0162 absorption, beside the pulmonary absorption.  $C_{max}$  and  $AUC_{0-\infty}$  were nonlinear across the range of tested doses. In cohorts ranging from 50 to 2400 µg, when the dose increased by two-fold,  $C_{max}$  and  $AUC_{0-\infty}$  increased by 2.17 and 2.03-fold, respectively. There was no significant statistical difference in PK parameters between V0162 2400 µg alone and combined with ipratropium/fenoterol.

Like in healthy volunteers,  $C_{max}$  in COPD patients was reached at 0.08 h post-dose and a second peak was observed, followed by a long elimination phase. Mean  $C_{max}$  was 54 % lower in COPD patients compared with healthy volunteers.

### Discussion

Our preclinical studies showed that V0162 not only reverses bronchoconstriction induced either by acetylcholine or histamine, but also prevents ovalbumin-induced

bronchoconstriction and lung inflammation. In animal models, particularly in ovalbumin-sensitized animals, specific muscarinic antagonists have been shown to exert anti-inflammatory activities with reduction in airway smooth muscle thickening and fibrosis, airway hyper-responsiveness, mucous gland hypertrophy, Th2 cytokine production and eosinophil infiltration [24–27]. In a recent large clinical study, tiotropium used as add-on therapy reduced the risk of severe exacerbation in asthmatic patient who have symptoms despite standard treatments [28]. Based on these results, tiotropium has been recently approved by the regulatory authorities in the EU, as an add-on maintenance bronchodilator treatment in adult asthmatic patients currently treated with the maintenance combination of inhaled corticosteroids and long-acting beta2-agonists, and who experienced one or more severe exacerbations in the previous year.

The efficacy of V0162 in reversing histamine-induced bronchoconstriction and its anti-inflammatory effect in the ovalbumin-sensitized animal model are also likely related to the antihistaminic properties of mequitazine, the parent compound. Antihistamines have been actually shown to exert anti-inflammatory activities in allergen-sensitized animal models [29–33]. A meta-analysis of clinical trials in asthma has suggested that antihistamines induce bronchodilation in comparison with placebo; but this effect was of limited magnitude and the systemic effects observed after repeated use of antihistamines do not support the use of these medications alone in the treatment of asthma [34]. Through an inhalation route, the risk

**Table 3** Pharmacodynamic parameters in COPD patients treated with V0162 versus placebo

COPD patients	V0162 (n = 20)	Placebo (n = 20)	p-value
<b>FEV1</b>			
AUC <sub>30min/6h</sub> , L	1.36 ± 0.13	1.26 ± 0.11	0.004
AUC <sub>30min/9h</sub> , L	1.36 ± 0.12	1.26 ± 0.12	0.003
AUC <sub>30min/22h</sub> , L	1.33 ± 0.12	1.24 ± 0.12	0.006
AUC <sub>30min/28h</sub> , L	1.34 ± 0.12	1.25 ± 0.12	0.007
AUC <sub>30min/32h</sub> , L	1.35 ± 0.12	1.27 ± 0.12	0.006
Trough FEV1, L	1.19 ± 0.11	1.11 ± 0.11	0.016
<b>FVC</b>			
AUC <sub>30min/6h</sub> , L	3.01 ± 0.20	2.86 ± 0.18	0.019
AUC <sub>30min/9h</sub> , L	3.01 ± 0.19	2.87 ± 0.19	0.011
AUC <sub>30min/22h</sub> , L	2.96 ± 0.18	2.83 ± 0.18	0.017
AUC <sub>30min/28h</sub> , L	2.96 ± 0.19	2.84 ± 0.18	0.013
AUC <sub>30min/32h</sub> , L	2.98 ± 0.19	2.85 ± 0.19	0.014
<b>FRC</b>			
AUC <sub>30min/6h</sub> , L	5.24 ± 0.23	5.45 ± 0.29	<0.001
AUC <sub>30min/9h</sub> , L	5.25 ± 0.25	5.51 ± 0.25	<0.001
AUC <sub>30min/22h</sub> , L	5.34 ± 0.24	5.52 ± 0.24	0.006
AUC <sub>30min/28h</sub> , L	5.21 ± 0.24	5.43 ± 0.29	0.003
AUC <sub>30min/32h</sub> , L	5.22 ± 0.24	5.41 ± 0.29	0.003
<b>Dyspnea</b>			
nIAUC <sub>30min/6h</sub> , mm	- 17.79 ± 5.26	- 11.44 ± 5.27	0.161
nIAUC <sub>30min/9h</sub> , mm	- 18.08 ± 5.31	- 10.93 ± 5.31	0.084
nIAUC <sub>30min/22h</sub> , mm	- 17.45 ± 5.97	- 9.72 ± 5.97	0.054
nIAUC <sub>30min/28h</sub> , mm	- 17.33 ± 6.04	- 9.43 ± 6.04	0.057
nIAUC <sub>30min/32h</sub> , mm	- 17.45 ± 6.03	- 10.193 ± 6.03	0.078

Results are presented by mean ± SE

of systemic adverse events is very low with a compound like V0162 as shown in the present PK and safety results.

The blockade of H1 histamine receptors by V0162 in the airways is likely to induce a weak bronchodilating effect, in addition to the bronchodilating effect related to the blockade of M3 muscarinic receptors. The potential additive (even synergistic) bronchodilating effect of compounds acting by different mechanisms on the airway smooth tone has been documented previously [35–38]. Altogether, the anti-histaminic properties of V0162 could confer benefit particularly in asthma, in addition to the main anticholinergic-related bronchodilation observed in COPD patients and to the potential anticholinergic-related anti-inflammatory activities.

The properties of V0162 were similar to those observed with tiotropium but at higher tested doses. At similar doses, V0162 had less prominent effect than tiotropium on bronchoconstriction induced by acetylcholine. This difference could be explained by the fact that

the affinity of V0162 at muscarinic receptors according to the affinity of mequitazine [16, 39] may be about 100-fold lower than that of tiotropium.

Our clinical results showed that a single-dose of V0162 induces sustained bronchodilation in patients with COPD, as evidenced by statistically significant improvement in FEV<sub>1</sub> compared with placebo, maintained up to 32 h [40–42]. This improvement was clinically relevant since the minimal clinically important difference of 100 ml was achieved at the peak effect. [40–42]. The results observed were slightly different from the assumed hypothesis; the observed difference in FEV1 AUC<sub>30min/9 h</sub> was actually smaller and the variability was lower. However, these findings led to clinically and statistically significant results. The positive impact on the FEV<sub>1</sub> was consistent with the benefit observed on the reduction of hyperinflation and on dyspnea as assessed by patients. The observed effect of tiotropium was in accordance with those found in literature [8]. This finding confirms the reliability of the observed effects. No direct comparisons were performed between tiotropium and V0162 due to the study design.

The tested dose throughout the COPD study was 1600 µg, although the MAD was 2400 µg in the dose-escalation study. Lower dose was considered to minimize the treatment burden, given the relatively high number of capsules (200 µg each) and inhalations (2 per capsule). The purpose was to assess the bronchodilator properties of the compound. However, the performance of the aerodynamic properties remains under investigation. Aerosol particle size emitted from the DPI is one of the most important variables in defining drug delivery [43, 44]. Fine particles with aerodynamic diameter ≤ 5 µm are essential to ensure optimal drug deposition and distribution. Currently, the fine particle dose (FPD), defined as the dose of the fine particles in the emitted aerosol, is quite low (almost 15 % of the nominal dose with the current DPI). The use of an optimized DPI can increase the FDP up to 45 % [45] (+diffuse study), leading to an increase in pulmonary deposition and potentially to an improvement in the deposition in distal airways according to the particle sizes [46–48].

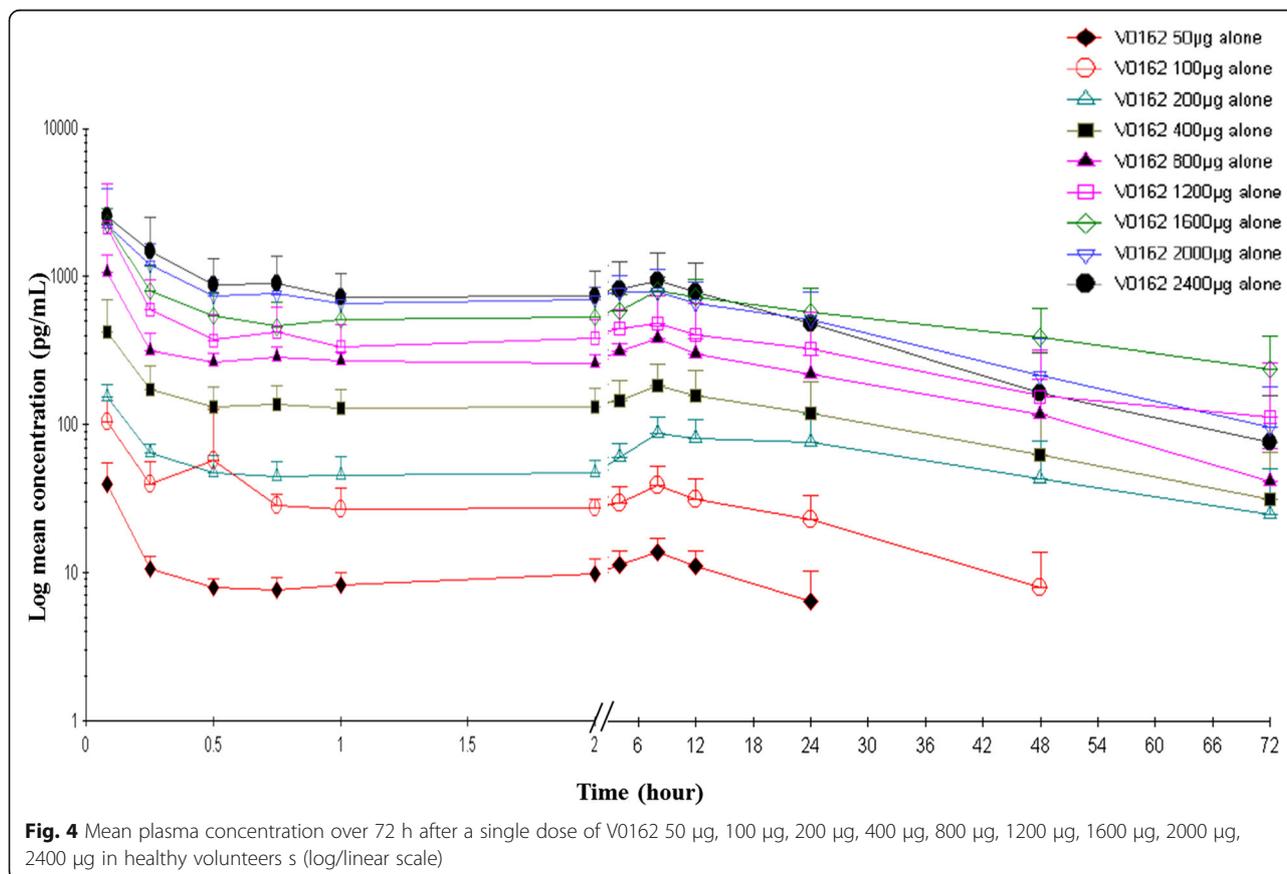
The administration of activated charcoal combined with V0162 showed that digestive absorption contributes significantly to the overall bioavailability: V0162 is absorbed at the gastrointestinal tract, with approximately 42 to 48 % of the overall absorption. A rapid pulmonary absorption was observed few minutes after inhalation (which corresponded also to the C<sub>max</sub>) and was followed by a digestive absorption observed 8 to 12 h later.

Although maximal plasmatic concentration was reached rapidly, V0162 exhibited low systemic exposure (at the picomolar range) with a long-lasting half-life (up to 36 h). Topical administration *via* the inhalation route allows a

**Table 4** V0162 pharmacokinetic parameters for different dose cohorts in healthy volunteers and in COPD patients

V0162 dose	t <sub>max</sub> (h)	C <sub>max</sub> (pg/mL)		AUC <sub>0-t</sub> (h,pg/mL)		t <sub>1/2</sub> (h)	
		Mean	SD	Mean	SD	Mean	SD
Healthy volunteers	Median						
10 µg	nc	nc	nc	nc	nc	nc	nc
50 µg	0.08	40	14	555	790	26	13
100 µg	0.08	108	41	1872	1981	19	0.69
200 µg	0.08	149	33	4578	2633	28	11
400 µg	0.08	431	268	6529	3774	23	8.08
800 µg	0.08	1030	311	17670	13735	19	4.88
1200 µg	0.08	2180	2030	17646	12297	20	11
1600 µg	0.08	2270	618	32692	13447	36	15
2000 µg	0.08	2970	1800	41192	37151	19	3.55
2400 µg	0.10	2840	1040	26820	16211	17	3.40
100 µg + charcoal	0.08	98	65	560	250	21	3.99
200 µg + charcoal	0.08	81	28.8	1483	411	32	13
400 µg + charcoal	0.08	359	216	3541	1871	27	8.32
2400 µg + ipratropium/fenoterol	0.11	2600	824	31200	9941	19	4.17
COPD patients							
1600 µg	0.08	1040	577	13872.8	6461	nc	nc

nc not calculated (more than 50 % of plasma values were below the lower limit of quantification (5.00 pg/mL))



rapid and potent local activity in the bronchial tree, without leading to high systemic exposure. Consequently potential systemic adverse events, including cholinergic side effects and cardiovascular events, may be prevented. Mean maximal plasmatic concentration was almost two-fold lower in COPD patients compared with healthy volunteers. This finding may be due to the underlying disease. In fact, airway narrowing and reduction in the inspiratory flow may alter lung deposition [43].

As a result, V0162 was well tolerated with a good overall safety profile. No serious AEs were reported and all AEs were mild in severity. Most frequent AEs included productive and non-productive cough, dyspnea and pruritus. These observed AEs are consistent with previous reports on inhaled bronchodilators; common AEs are generally a result of the patient's preexisting condition and of the route of administration [49–51]. There was no dose–response relationship between V0162 and AEs. Laboratory findings, vital signs and ECG observations were unchanged during the study. No particular electrocardiographic change was observed. The V0162 plasma levels appear 50-fold lower than the concentration threshold (330 nM) that may cause hERG cardiac toxicity.

Given the exploratory nature of this study, this latter is potentially limited by its sample size, the single-dose setting, the short-duration, and the use of a non-optimized DPI. Nevertheless, it is the first clinical investigation which assesses the safety and efficacy of V0162 in human. Larger phase II studies with longer study duration, other study designs and optimized formulations are on-going.

## Conclusions

Inhaled V0162, given at 1600 µg single-dose, resulted in statistically significant long-lasting bronchodilation that reached the minimal clinically important difference threshold for FEV<sub>1</sub> at the peak effect, and positive safety profile in patients with moderate-to-severe COPD. At this stage of development, the choice of the tested dose was based on safety data, and does not correspond to the minimal effective dose. A phase II dose-finding study is required to estimate the minimal effective dose. Given the activity of V0162 as an antagonist of muscarinic receptors and its additional activities (e.g. anti-histamine activity), this compound would be of interest for the treatment of COPD and potentially also of asthma as recently shown with tiotropium, a pure LAMA. More clinical investigations in these two respiratory diseases are yet needed.

## Abbreviations

AUC: Area under the curve; AEs: Adverse events; BAL: Bronchoalveolar lavages; BMI: Body mass index; CI: Confidence interval; C<sub>max</sub>: Maximum plasma level; COPD: Chronic obstructive pulmonary disease; DPI: Dry powder inhaler; ECG: Electrocardiogram; FEV<sub>1</sub>: Forced expiratory volume; FVC: Functional vital capacity; FRC: Functional residual capacity; GOLD: Global initiative for chronic obstructive lung disease; i.v.: Intravenous; LAMA: Long-acting muscarinic receptor antagonist; MAD: Maximum administered dose; MTD: Maximum

tolerated dose; nAUC: Net incremental area under the curve; NS: Not significant; PenH: Enhanced pause; PFT: Pulmonary function tests; PK: Pharmacokinetics; RV: Residual volume; t<sub>max</sub>: Time to reach maximum plasma level; VAS: Visual analog scale

## Competing interests

The study was funded by Pierre Fabre Laboratories. Philippe Devillier, and Thomas Similowski disclosed that they have performed research for Pierre Fabre and other pharmaceutical companies in the field of respiratory research. Eric Garrigue, Guillaume D'auzers, Nicolas Monjotin, and Thierry Clerc are current Pierre Fabre employees.

## Authors' contributions

PD, TS and EG carried out the design and coordination of the study, gathered the data interpreted the data and drafted the manuscript. NM carried out the non-clinical pharmacological experiment performed the statistical analysis, interpreted the data and drafted the manuscript. GDA participated in the coordination of the study. TC initiated the project. All authors read and approved the final manuscript.

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